

SEPTEMBER 2025

GRAVES COUNTY FCS & HOMEMAKER

newsletter



University of Kentucky
College of Agriculture,
Food and Environment
Cooperative Extension Service

Cooperative Extension Service
Graves County
4200 State Route 45 N
Mayfield KY, 42066
270-247-2334



Apple Cranberry Waldorf Salad

1 cup chopped Granny
Smith apple

1 cup chopped Red
Delicious apple

1 cup diced celery

1 cup halved seedless
green grapes

1 cup halved seedless
red grapes

1½ cups dried
cranberries

½ cup chopped
walnuts

8 ounces non-fat
vanilla yogurt

2 tablespoons honey

¼ teaspoon cinnamon

1. Combine chopped apples and diced celery and put in a medium sized bowl. Add grapes, cranberries, and walnuts to the mixture. Stir ingredients together.

2. In a separate bowl, add the yogurt, honey, and cinnamon. Stir together and pour over the fruit mixture. Cover and chill before serving.

Yield: 8, 1 cup servings.

Nutrition Analysis: 210 calories, 5 g fat, 0 mg cholesterol, 35 mg sodium, 41 g carbohydrate, 3 g fiber, 34 g sugar, 3 g protein.

Buying Kentucky Proud is easy. Look for the label at your grocery store, farmers' market, or roadside stand.



SEPTEMBER 1	OUR OFFICE WILL BE CLOSED. WE WILL REOPEN ON SEPTEMBER 2ND, 2025
SEPTEMBER 8,15,22,29	10AM CROCHET CLUB
SEPTEMBER 4	1PM HOMEMAKER BOOK CLUB, GRAVES COUNTY LIBRARY FAMILY LINEN BY LEE SMITH
SEPTEMBER 8	6:00PM CANDLE MAKING CLASS
SEPTEMBER 9	10AM HOMEMAKER OFFICER & CHAIRMAN TRAINING
SEPTEMBER 10	10AM TLC CLUB MEETING
SEPTEMBER 10	1PM FRIENDSHIP CLUB MEETING
SEPTEMBER 11	10AM COMMUNITY CLUB MEETING
SEPTEMBER 11	5:30 ADULT SEWING JACKET CLASS (CLASS IS FULL)
SEPTEMBER 14	2-5PM INSTANT POT CLASS- FALL RECIPES
SEPTEMBER 18	10AM & 5:30PM GREETING CARD MAKE & TAKE
SEPTEMBER 20	10AM CORN TORTILLA MAKING CLASS
SEPTEMBER 22	10AM PURCHASE AREA HOMEAMKER CULTURAL ARTS JUDGING
SEPTEMBER 23	PURCHASE AREA ANNUAL DAY IN CARLISLE COUNTY - RSVP TO OFFICE BY 9/12
SEPTEMBER 25	5:30PM FLORALS & FIZZ
SEPTEMBER 28	2-5PM TAMALES MAKING CLASS
SEPTEMBER 30	10AM COUNTY HOMEMAKER EDUCATIONAL CHAIRMAN FOLLOW-UP MEETING

A note from Debbie Smith, Graves County Homemaker Past President

I'm back!!! It's only fair to finish out my tenure as GCEH President reporting on our Annual Day festivities. I may be a little partial, but it was one of my favorites! We all pitched in and made the big meeting room look like we were ready for a Tea Party! Tea cups, saucers, tea pots, gloves, cloth napkins, doilies, and even pearls decorated each table with no two tables alike! It was different, it was fun, and it was enjoyable. Members came in their Tea Party finery, complete with hats and gloves,

But what was really special was how we were able to honor members for their years of service. Annie Laura Farris has been a member of GCEH for 60 years. She said she joined right after graduating from high school and even took her son with her to the meetings. How wonderful it was that the same son was with her to celebrate her 60th year. She also had other family members with her to celebrate. Annie Laura was presented with a dozen roses from GCEH, a 60 Year pin, a certificate, and a letter from Governor Beshear congratulating her on the accomplishment. We also celebrated 50 years of membership of Zenette Newsome. During her tenure, she served as President of GCEH and several other offices. She said that being a member of homemakers kept her grounded and that she learned so much as a homemaker. Zenette also received a dozen roses, a 50 Year membership pin, and a certificate. We had three members who achieved their 25 years as member of Graves County Extension Homemakers. Lyndia Elder, Becky Smith, and Pam Smith were honored with certificates, but could not attend due to illness and prior commitments. Mary Harbin was honored for her 10th year as a member. She said that Homemakers has become very important to her. She also credited Martha Beasley with her becoming a member. She told that Martha asked her to join, but she just didn't want to do that. Martha kept asking and every roadblock Mary would put in the way, Martha destroyed it! Mary joined and she said that was an important decision in her life. In total, these ladies have a total of 195 years of membership in Graves County Extension Homemakers! Isn't that great!!

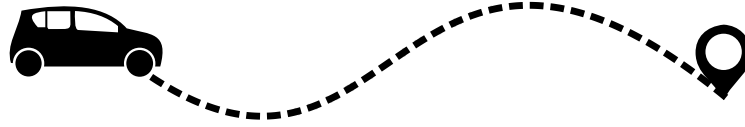
We also honored Volunteer Service hours for the past year. In total, Graves County Homemakers volunteered 10,074.8 hours. The money value, according to the 2025 Estimated National Value, would be \$350,502.29. That is fantastic for the number of members we have. But let's not rest on our laurels, let's beat that number for next year. It takes a little time but document those volunteer hours. If you need more information, ask your club President.

Perfect attendance, Passport Book, and Reading Awards were also given out. For a complete list of all winners, ask your club President.

My six year tenure came to a close with the formal election and installation of President, Martha Beasley and Treasurer, Phyllis Wheeler. Janet Hunt was not in attendance, but was elected Vice-President and will be installed at a later time.

Have a wonderful 2025-2026 Extension Homemaker Year!!

Written by **Mayra Ildia Diaz Ballard**
TLC Homemaker, Graves County KY
April 16 2025



My "first" experience riding as a passenger with Martha Beasley was to the 2024 Purchase Area Homemakers' Annual Day in Murray. That was an very interesting ride, but I am leaving that story for another day!

The story below is about my second experience "on the road again" with Martha.

I accompanied her to the Fulton County Advisory Council Meeting being held in Cayce KY. The infamous day was Monday, April 14 2025.

Martha was driving, and I took my usual position as co-pilot. From her house, we started towards I-69 South, but we did notice that her cell phone GPS was not giving us any verbal directions. We thought that was unusual but still proceeded on I-69 towards Fulton.

As we approached Fulton-Exit 2, we became uncertain of whether or not to take this exit. So, we passed the exit and passed two more exits as well. We ended up across state lines in TN heading for Union City! We definitely realized then that we were not on the right track, for sure!

We turned back around on I-69 and exited Fulton-Exit 1. We stopped for directions at a liquor store around 9:30 a.m. Can you just imagine two white-haired ladies going into a liquor store at that time of morning? WOW!

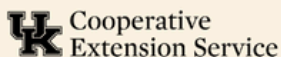
Once we got directions to "Cayce", we got back on I-69 heading north and exited at Fulton-Exit 2. This is the very exit we should have taken to start with! DUH! However, still very uncertain of our surroundings, we stopped at a gas station for more directions. A customer pumping gas offered to lead us towards "Cayce". We followed her for a distance, and she then went her own way. Still uncertain of where we were headed, we stopped at a small apartment complex at the intersection of KY 307 and KY 94. The lady we encountered at the apartment complex was familiar with Cayce United Methodist Church and lead us west on KY 94 towards the church. Believe it or not, we finally made it to the Homemakers' meeting! Yeah!!!

I learned some valuable lessons from this trip:

I will not be purchasing a GPS device any time soon! They are not always reliable as I have personally experienced first hand more than once.

I will bring a KY State Map with me in the future! After all, we relied on maps before we allowed GPS devices to do our thinking for us! Right?

There was a very positive outcome from a negative situation. Our getting lost took Martha and I on another beautiful, scenic route in Western Kentucky!



GREETING CARD CLASS

Thursday, September 18
10AM & 5:30PM

4 projects for \$10

An Equal Opportunity Organization

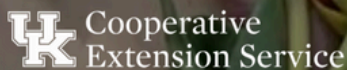
graves.ca.uky.edu

FLORALS & FIZZ

THURSDAY, SEPTEMBER 25
5:30 - 8 PM

\$30 FEE
payment due by September 12

Enjoy snacks & a soda bar while
Dakota Moore, KHC, teaches about
Kentucky flowers and principles of
floral design!



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Graves County Extension Office



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Candle Making

with Anne Burchard

MAKE A 24OZ SOY WAX CANDLE!
SEPTEMBER 8, 2025 | 6:00 PM | \$25 FEE
PAY FEE BY AUGUST 29!

A lit candle in a glass jar sits in the foreground, casting a warm glow. Behind it, a woven basket is filled with several pumpkins of various sizes and shapes. The background is softly blurred, showing more pumpkins and what appears to be a wooden surface.

 Cooperative
Extension Service

Candle Making

with Anne Burchard

MAKE A 24OZ SOY WAX CANDLE!
SEPTEMBER 29, 2025 | 6:00 PM | \$25 FEE
PAY FEE BY 9/12!

CORN TORILLA MAKING

with Elvira Bartolo



\$5 per person

Nonrefundable*

Payment must be brought or mailed
to the Extension Office by 9/5

**Saturday
September 20, 2025
10AM - 12PM**

INSTANT POT CLASS

with Cortney Burgess!



\$15 per person - limited spots

Learn fast and easy recipes to
cozy up with this fall!

Sunday
September 14, 2025
2 - 5 PM

Nonrefundable

TAMALE CLASS

with Courtney Burgess!



\$40 per person - limited spots

Each person will take home
one dozen pork tamales!

Sunday
September 28, 2025
2 - 5 PM

Nonrefundable

An Equal Opportunity Organization

270-247-2334

Graves County Extension Office

Cooperative Extension Service

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MARTIN-GATTON COLLEGE OF AGRICULTURE, FOOD AND ENVIRONMENT

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Lexington, KY 40506



Disabilities
accommodated
with prior notification.