

JULY 2024

FCS & HOMEMAKER newsletter



University of Kentucky
College of Agriculture,
Food and Environment
Cooperative Extension Service

Cooperative Extension Service
Graves County
4200 State Route 45 N
Mayfield KY, 42066
270-247-2334

July 1, 8, 15, 22, 29	10am Crochet Club- every Monday
July 4	office closed for Independence Day
July 18	10am & 5:30pm Greeting Card make & take
July 13	9am-12pm Tamale Cooking Class - class is full
July 30	5pm-8pm Instant Pot Class - registration opens 7/9, money due 7/12
July 31	10am Savor the Flavor
August 3	9am-12pm Homemade Pasta class - registration opens 7/16, money due 7/19
August 17	9am-12pm Mediterranean Cooking Class - registration opens 8/6, money due 8/9
August 27	10am County Homemaker Annual Day
September 4	10am Homemaker Officer & Educational Chairman Training
September 10	Purchase Area Annual Day- Calloway County Extension Office
September 18	10am County Homemaker Educational Chairman follow-up meeting

A note from Debbie Smith, Graves County Homemaker President

Happy New Year! No, I'm not six months ahead (or behind)! July begins the new year for extension homemakers. 2023-2024 is gone and 2024-2025 has started. It's always good to look back on what we've accomplished, but it's also a time to look forward to what we can do.

In 2024-2025 we plan on continuing the Graves County Extension Homemakers Book Club. It has really been a good thing and Vi Kibler does a great job. The first meeting of our new year is August 1 at the Graves County Library at 1 pm. If you want to join in, you can contact Vi and she will tell you how to get the book we will be reading. We've been introduced to some Kentucky authors, some bone-chilling mysteries, and some harsh realities of growing up during and after WWII. So as some group has said, join us and "Get Your Read On."

We are also trying to plan more "whole county" activities. For example, we've thrown around the idea of having a Cookie Swap sometime around the holidays. This would be something new for us and sounds like it could be a lot of fun. If you have experience with conducting a successful Cookie Swap, let me know. We need ideas for organizing the activity.


Participation in the Little Red Barn Book Drop Off will continue in 2024-2025. I've gotten some really good reads from the "Barn," and I've left some really good ones, too. There are books for all ages and in many of the different genres. It's located just inside the front doors of the Extension Office. If you haven't taken advantage of this service, you are missing out!!

In 2024-2025, we will continue our annual Taste of Graves County on the first Friday in November. We are always looking for ideas and ways to improve our fund-raising activity. Last year was very successful and I'm one of those who believe "if it ain't broke, don't fix it" kind of person. But I know there are some things we can tweak. Just let me or any of the officers know of ideas.

Finally, one thing we really need to work on in 2024-2025 is boosting our membership. We are a mighty group, but we are a small group. There is strength in numbers, so increasing our membership would be fantastic. We could do that by adding to our existing clubs or adding additional clubs. For example, a young mother's club. Or a club for quilters. We just need to put on our thinking caps and see what we can come up with.

I look forward to working with everyone in this new year of extension homemaking. It will be my last year as President, so my goal is to make it the best year ever! Hope to see everyone on August 27 at our Annual Day festivities and Happy New Year!

taught by Cortney Burgess

 Cooperative
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INSTANT POT

Monday
July 30, 2024
5 - 8PM



Limited to 15 people - \$5

Learn fast and easy recipes for
back-to-school season!

No refunds available

An Equal Opportunity Organization

CLASS

Graves County Extension Office

Back by request!

Join Hickman County FCS Mike Keller for this great class.



Savor the Flavor



SEASONING WITH SPICES

Should I buy whole versus ground spices? Which are the best ones to have on hand while cooking? You may hear often that spices are a great way to add flavor without additional sodium and fat, but how? Join us for this lesson where we will learn about various spices, how to incorporate them into your favorite dishes, and enhance flavor while cooking!

We look forward to seeing you!

July 31 at 10AM
Graves County Extension Office

Call 270-247-2334
to let us know you're coming!



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LEXINGTON, KY 40546




Disabilities
accommodated
with prior notification.

pasta with *Anita Granier*

spots are limited!
\$45 per person
no refunds

Saturday, August 3 9AM - 12PM


- fettucine with creamy white sauce
- sweet potato stuffed ravioli with brown butter sauce

 **Graves County Extension Office**
4200 US HWY 45 N
Mayfield, KY 42066



An Equal Opportunity Organization

taught by Cortney Burgess

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MEDITERRANEAN 101



Limited to 15 people - \$10

Make + eat fresh dressings, stuffed veggies, mixed veg casserole, braised greens with peppers, braised green beans and potatoes & two kinds of salads!

Saturday

August 17, 2024

9AM - 12PM

No refunds available

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Graves County Extension Office

Purchase Area Homemaker Annual Day



The Ties That Bind

SAVE THE DATE

September 10th, 2024

**Calloway Extension
Meeting Hall
93 Extension Way
Murray, KY 42071**

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