

NOVEMBER 2024

FCS & HOMEMAKER

newsletter



University of Kentucky
College of Agriculture,
Food and Environment
Cooperative Extension Service

Cooperative Extension Service
Graves County
4200 State Route 45 N
Mayfield KY, 42066
270-247-2334



Every Monday	10am Crochet Club
November 1	11-11:45am & 12-12:45 pm Taste of Graves County
November 3	Daylight Savings Time Ends- set clocks back one hour
November 7	1pm Homemaker Book Club at the GC Public Library
November 11	5:30pm Holiday Sides & Appetizers class (class is full) taught by Cortney Burgess
November 13	10am TLC club meeting
November 13	1pm Friendship club meeting
November 14	10am Community club meeting
November 14	9:30am-12pm Tatting class taught by Jeanne Grief
November 14	5:30pm Adult Sewing Group
November 16	9am-1pm Holiday Market at the Extension office
November 18	5:30-8pm Hand Embroidery Class taught by Jeanne Grief
November 21	10am & 5:30pm Greeting Card make & take (4 projects, \$10) 6pm From Tree to Table: All About Maple Syrup
November 28 & 29	office closed for Thanksgiving
December 3	10am & 6pm Goat Milk Soap class
December 4	10am Elements & Principles of Art II (January Homemaker Lesson)

It's November. Time for the Taste of Graves County, for Thanks, and optimum time for joining Extension Homemakers. Let's look at each of these to see how important they are to homemakers.

The Taste of Graves County is our big event of the year. Months of planning go into the day of food and fun. For the past few years, a theme is chosen and recipes are chosen to fit into the theme. Lots of thought goes into the choice of recipes. You have to consider what goes into the recipe, how long it takes to make, and even the expense of the dish. This year, there were twelve different recipes chosen and served. The theme was a celebration of fifteen years of the Taste of Graves County. The recipes are put into a cookbook, which every ticket holder receives. Extra cookbooks are sold and make great presents. Members of the community have wholeheartedly supported this event.

In 2009, Graves County homemakers needed a way to generate funds for their programs, mainly the scholarships the group gives out every year. From what I have been told, Sara Counts, Nancy Smith, June Hart, Lyndia Elder and others planned the event. It was held at the extension office on Housman Street where parking and sitting room were at a premium. In later years, The Taste was held at the First Methodist Church basement and the West Kentucky RECC Community room, and now at the Graves County Extension Office. The event was successful and that began the years of The Taste. Today, the proceeds from The Taste still go to the two scholarships the group gives out to a graduating senior from Graves County High School and one from Mayfield High School. Thanks to homemakers who plan, cook, serve, clean-up, and otherwise help out with the Taste of Graves County.

November is also a month for Thanks. First of all, we are thankful for our new facilities. We have been able to have so many classes for homemakers and the community simply because we have the room to do so. We are also thankful for our leadership. Denise Wooley has followed a long line of FCS agents who have guided the group. Denise, as the county's FCS agent, works with homemakers and with the community, offering programs for growth in different areas. Not only are Extension homemakers thankful for her, but so is the community who benefits greatly from her presence.

We are also thankful for all the extension homemakers who are the "hands and feet" of the Extension Homemakers program. Homemakers come in all shapes, sizes, and areas of expertise. We learn new things every year that make us better citizens, parents, grandparents, friends, and homemakers. Some are terrific cooks, some are wonderful seamstresses, some are great writers, and all love their community and want to make it the best it can be while making themselves the best they can be.

Finally, it's the optimum time to join homemakers. Find a club that best fits your needs, or become a mailbox member and receive information through the mail. If you decide to become a regular member, you will meet once a month for a relevant lesson and fun comradery with those who have goals and interests similar to yours. It's easy to do. Just fill out an enrollment form and pay your \$11 dues and you are off to a wonderful start of being a part of a great group!

On a personal note, I am thankful for all Extension Homemakers in Graves County and throughout Kentucky. You have made my life more interesting and have given me the opportunity to serve my community and its citizens. Have a wonderful November!



December 4th, 10am

This is the January lesson taught by Vicki Wynn

Elements & Principles of Art II

Whether it is a drawing, painting, photograph, or even a scrapbook page, what makes this 2-Dimensional "work of art" visually pleasing? Why do we like what we see? The basic elements and principles of art and design influence how we perceive objects. This lesson encourages discussion while outlining concepts used to objectively evaluate a drawing, painting, or photograph. This lesson is part of the Cultural Arts and Heritage Program of Work for 2022-2025.

Book Club

November 7, 2024, 1pm
Graves County Public Library

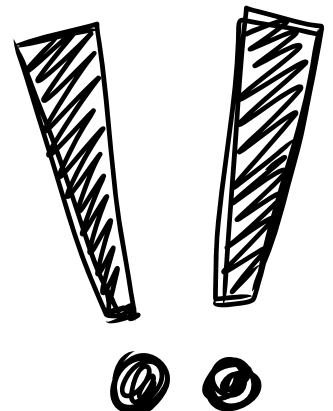
A Good Neighborhood by Therese Fowler



Updates to the yearbook...

YEARBOOK

- Secretary - vacant
- Cultural Arts & Heritage - Joyce Toon
- Environment Housing & Energy-Gloria Beadles
- Food, Nutrition & Health- Lyndia Elder
- International- Martha Beasley & Mayra Diaz-Ballard
- Management & Safety- vacant



ADULT SEWING

 Cooperative Extension Service

Family & Consumer Sciences



5:30 PM
Graves County
Extension Office

NOV 14
DEC 12

Cooperative Extension Service

Agriculture and Natural Resources
Family and Consumer Sciences
4-H Youth Development
Community and Economic Development


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Disabilities accommodated with prior notification.

taught by Jeanne Grief-McCracken Co Homemaker

 Cooperative
Extension Service

Family & Consumer Sciences

Hand Embroidery Class

November 18
5:30PM
Cost: \$4

CLASS IS LIMITED
270-247-2334

bring a 6, 7 or 8 inch hoop
& scissors with you

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Lexington, KY 40506



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From Tree to Table: All About Maple Syrup

November 21, 2024

6pm

Graves County Extension Office

Join Calyn Colston as she teaches us all about
maple syrup production in Kentucky!

Call *270-247-2334* to let us know you're
coming!

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Lexington, KY 40506



holiday cooking

with

Anita Granier

spots are limited!

\$45 per person
no refunds

sign up online or
call and pay
through PayPal
@anitagranier

Monday, December 2 6 - 9PM

- stuffed artichokes
- stuffed bell peppers
- stuffed mushrooms
- stuffed butternut squash

stuff it!

Friday, December 6 9AM - 12PM

- deep fried deviled eggs
- french quarter cheese spread
- duchess potatoes
- muffaletta sliders
- loaded hummus dip


*holiday
hors d'oeuvres*

Monday, December 9 9AM - 12PM

- sweet potato stuffed ravioli with
brown butter sauce
- arugula salad
- cannoli pie

ravioli night



 **Graves County Extension Office**
4200 US HWY 45 N
Mayfield, KY 42066

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Family and Consumer Sciences
4-H Youth Development
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DOOR SWAG WORKSHOP

 Cooperative
Extension Service

D
E
C
2

10AM + 6PM

2 CLASS TIMES
AVAILABLE!

**\$20 per
person**

BOTH CLASSES
ARE LIMITED

AMOUNT INCLUDES
ALL SUPPLIES!

**SIGN UP ONLINE OR
CALL 270-247-2334!**

taught by Miranda Rudolph, ANR Agent

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taught by Miranda Rudolph, ANR Agent

GOAT MILK SOAP

10AM or 6PM | \$20 per person
make & take your own soap!

december 3, 2024

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HOLIDAY APPETIZERS & SIDES



\$10 per person

apps:

- pork & ricotta meatballs, green goddess dip/dressing & baked feta with honey

sides:

- dellagraciono, taverna salad, green salad with apple vinagrette & ham + cheese slab quiche

Monday

December 5, 2024

5:30- 8PM

Nonrefundable

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taught by Cortney Burgess

 Cooperative
Extension Service

TAMALE CLASS



\$30 per person - limited spots

Each person will take home
one dozen pork tamales!

Sunday
Dec 8, 2024
2 - 5PM

Nonrefundable

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Upcoming Classes

Adult Crochet Club

EVERY MONDAY AT 10AM

Goat Milk Soap Making

NOV 4, 6PM | \$20



Holiday Appetizers & Sides

NOV 11, 5:30PM | \$10



Karen's Cake Creations

NOV 12, 5:30PM



Tatting Class

NOV 14, 9:30AM | \$7

registration is open

Adult Sewing

NOV 14 & DEC 12, 5:30PM

Tamale Class

NOV 17, 2PM | \$30



Hand Embroidery Class

NOV 18, 5:30PM | \$4

registration is open

4-H Financial Literacy Night

NOV 20, 4PM

Greeting Card Classes

NOV 21 & DEC 19, 10AM + 5:30PM

4 projects for \$10

All About Maple Syrup

NOV 21, 6PM

Door Swag Workshop

DEC 2, 10AM + 6PM | \$20

registration opens Nov 11

Stuff It! with Anita

DEC 2, 6PM | \$45

registration opens Nov 12

Goat Milk Soap Making

DEC 3, 10AM + 6PM | \$20

registration opens Nov 18

Elements of Art II

DEC 4, 10AM

Holiday Appetizers & Sides

DEC 5, 5:30PM | \$10

registration opens Nov 18

Holiday Hors d'oeuvres with Anita

DEC 6, 9AM | \$45

registration opens Nov 12

Karen's Cake Creations

DEC 7, 10AM



Tamale Class

DEC 8, 2PM | \$30

registration opens Nov 19

Ravioli Night with Anita

DEC 9, 9AM | \$45

registration opens Nov 12

Karen's Cake Creations

DEC 10, 5:30PM



Value-Added Wool

DEC 12, 6PM

Karen's Cake Creations

DEC 20, 5:30PM

follow her facebook page for more info!

Graves County
4200 State Route 45 N
Mayfield KY 42066

Sweet Potato Crisp

- 1 teaspoon vanilla
- 1/2 cup all-purpose flour
- 2/3 cup quick cooking oats
- 3 tablespoons butter
- 1/4 cup chopped pecans
- 1 cup brown sugar, divided

with chopped apples.
5. In a small bowl,
combine flour, oats,
and 1/3 cup brown sugar.
Cut in butter until
mixture resembles
coarse crumbles. Stir in
pecans.
6. Sprinkle mixture over
apples.
7. Bake uncovered for
35-40 minutes or until
topping is golden brown
and fruit is tender.
Yield: 16, 3/4 cup servings.
Nutritional Analysis:
240 calories, 6 g fat, 3 g sat
fat, 5 mg cholesterol, 200 mg
sodium, 44 g carbohydrate,
4 g fiber, 20 g sugar,
4 g protein.



- 1. Preheat oven to 350° F.
Lightly spray a 13 x 9 x 2
inch pan with non-stick
spray.
- 2. Mash sweet potatoes.
Add cream cheese, 2/3
cup brown sugar, vanilla
and cinnamon. Mix until
smooth.
- 3. Spread sweet potato
mixture evenly into pan.
- 4. Top sweet potatoes

Buying Kentucky Proud is easy. Look for the label at your
grocery store, farmers' market, or roadside stand.

