

APRIL 2025

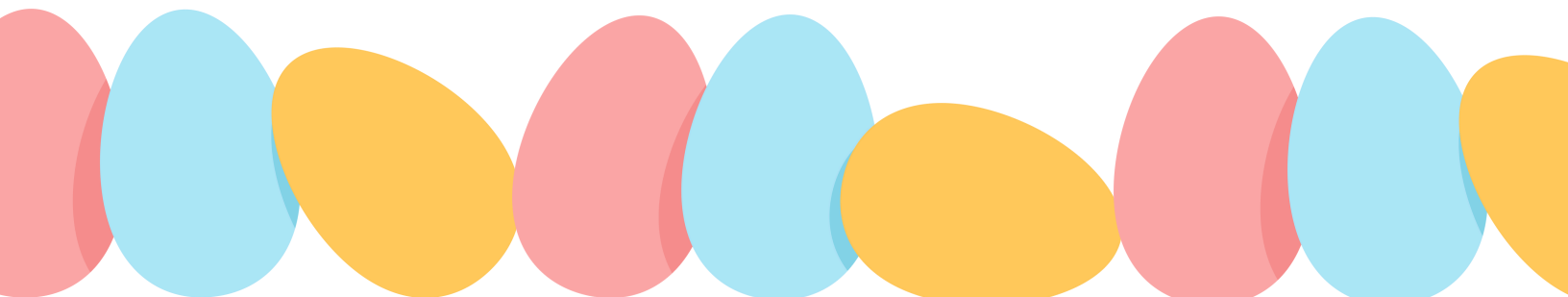
# GRAVES COUNTY FCS & HOMEMAKER newsletter



University of Kentucky  
College of Agriculture,  
Food and Environment  
Cooperative Extension Service

Cooperative Extension Service  
Graves County  
4200 State Route 45 N  
Mayfield KY, 42066  
270-247-2334

Mondays	10am Crochet Club
April 3	1pm Homemaker Book Club at the library
April 2	1pm Friendship club meeting (date change)
April 9	10am TLC club meeting
April 17	10am Community club meeting (date change)
April 10th	5:30pm Adult Sewing Group
April 17	10am & 5:30pm Greeting Card make & take
April 30	10am Healthy Eating Around the World
May 24	9am-3pm Basket Weave Workshop



## A note from Debbie Smith, Graves County Homemaker President

---

As I'm writing this, I'm torn to stay on task or go out and enjoy the sunshine! After a winter filled with dark skies, snow, storms, and wind, I'm ready for these spring days. This time of year is so beautiful outside! I love seeing the daffodils, the forsythias, the red bud trees, the star magnolias, and others that are blooming. We purchased a "black tulip magnolia" last year and Randy has nursed and babied it since he planted it. It rewarded us with the most beautiful deep purple bloom! Spring is just a kaleidoscope for the eyes.

Homemakers have shown out and bloomed, too. It was good to see so many members attend the clean indoor air presentation. There was a great deal of information presented, and attendees enjoyed a free lunch and a houseplant. A big thank you to Denise, Miranda, and the entire extension office for such an informational and enjoyable presentation.

Then, there was Graves County Extension Homemakers cultural arts contest. So many beautiful, colorful, and interesting items were exhibited. Beautiful cross stitch, incredible yarn work, wonderful cards and scrapbook pages, and delightful photographs were judged, and the top winners can be entered into the Purchase Area Extension Homemakers cultural arts showcase where top winners will be eligible for the state contest in May.

Homemakers also enjoyed "Spring Into Green" hosted at Marshall County's newly opened extension office. Those who attended reported they learned many things to make their lives easier and more responsible to the environment. Purchase Area FCS agents organize this and a big thanks to them for doing this for our Homemakers.

Planning for our August 26 Annual Day has already started. Please mark your calendars for that day. I think you will enjoy what is being planned! The group will also elect a new GCEH President and Treasurer. It's always a fun time, so make plans to attend.

Because of our local schools' spring breaks, some of our clubs have adjusted the date of their club meeting. If you are not sure about your club's meeting date, please contact your club president.

My grandmother taught me so many folk sayings and stories, but the one I really remember is, "April Showers Bring May Flowers." I think the reason I remember this one so well is that her name was Mayflower and I thought she just made this up about herself! It would have been fitting because she loved flowers. She always had beautiful blooming violets on her kitchen window ledge and tulips, that were perfect for Easter Egg hunts, along the fence row.

Enjoy your spring days! May any April showers bring you beautiful spring flowers!

## Big Blue Book Club is headed to Fulton County!

Join us on April 1st at 11 AM CDT at the  
Fulton City Meeting Room

101 Nelson Tripp Pl, Fulton

Learn about the Jackson Purchase (from Part 1 of "My Old Kentucky Road Trip: Historic Places and Natural Wonders") and the unique most western point of our state. Discover ways to finance your road trip and save money along the way.

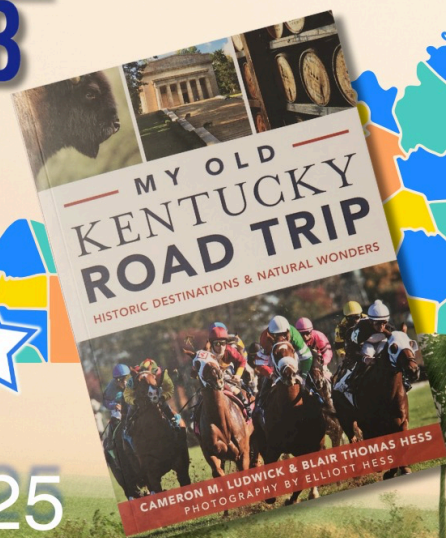
If you have not already registered, please do so at: [ukfcs.net/BigBlueBookClub](http://ukfcs.net/BigBlueBookClub). Just click on the book's cover and the registration form will popup!

Building strong families. Building Kentucky. It starts with us. #UKFCSExt #BigBlueBookClub

## Next stop: Fulton County

 Cooperative  
Extension Service

**BIG BLUE**   
**BOOK CLUB**  
takes  
a  
road trip!



April 1, 2025



## Healthy Eating Around the World

April 30<sup>th</sup>, 10am

We'll take a trip around the globe to learn about dietary recommendations from other countries. Along the way, we'll learn about new foods and ways of eating. As we arrive back in the U.S., we'll reflect on what we learned and see how advice about a healthy diet is remarkably similar, no matter where on Earth we live. This lesson is part of the International Program of Work for 2022-2025.





The 2025 Homemakers' International Program of Work is "creating welcoming communities".

In our increasingly diverse world, it is helpful to learn about other cultures. How do we learn? Just ASK. How other people experience the world helps us understand those around us.

Learning about other cultures is a life-long process. When meeting those from a background different than our own, we make mistakes in the language we use or assumptions we make. We should be willing to learn from others and honor their customs, beliefs and values.

Source: UK Cooperative Extension Service, Martin-Gatton College of Agriculture, Food and Environment.

It's a big world out there, but don't let it feel foreign to you. Get to learn about others who live in it!

Mayra Ildia Diaz-Ballard  
GC TLC Homemaker

APRIL 17

# GREETING CARD CLASS

10AM + 5:30PM

4 projects  
for \$10

An Equal Opportunity Organization

[graves.ca.uky.edu](http://graves.ca.uky.edu)



# TAMALE CLASS



**\$35 per person - limited spots**

Each person will take home  
one dozen pork tamales!

Nonrefundable

*An Equal Opportunity Organization*

Sunday  
**April 13, 2025**  
1 - 4 PM

Graves County Extension Office



# *Upcoming Classes*

## *Adult Crochet Club*

EVERY MONDAY AT 10AM

## *Carbon Market Program*

APR 1, 10AM

## *Karen's Cake Class*



APR 1, 12, 15 + 29

*sign up through Karen's  
Cake Creations Facebook*

## *Adult Sewing*

APR 10, 5:30PM

## *Tamale Class*

APR 13, 1PM | \$35

*registration opens March 31*

## *Greeting Card Classes*

APR 17, 10AM + 5:30PM

*4 projects for \$10*

## *Healthy Eating Around the World*

APR 30, 10AM

***All classes are held at the Graves County Extension Office  
4200 State Route 45 N Mayfield, KY 42066***

***Call 270-247-2334 for more information!***

Cooperative  
Extension Service

Agriculture and Natural Resources  
Family and Consumer Sciences  
4-H Youth Development  
Community and Economic Development

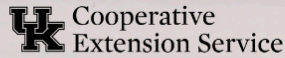
MARTIN-GATTON COLLEGE OF AGRICULTURE, FOOD AND ENVIRONMENT

Educational programs of Kentucky Cooperative Extension serve all people regardless of economic or social status and will not discriminate on the basis of race, color, ethnic origin, national origin, creed, religion, political belief, sex, sexual orientation, gender identity, gender expression, pregnancy, marital status, genetic information, age, veteran status, physical or mental disability or reprisal or retaliation for prior civil rights activity. Reasonable accommodation of disability may be available with prior notice. Program information may be available in languages other than English.  
University of Kentucky, Kentucky State University, U.S. Department of Agriculture, and Kentucky Counties, Cooperating  
Lexington, KY 40506



Disabilities  
accommodated  
with prior notification.





# BASKET WEAVE WORKSHOP

*with Windy Tallis*

**FEE: \$40**  
(INCLUDES ALL MATERIALS  
FOR TWO CANISTERS)

**BRING A SACK  
LUNCH & DRINK!**

PLEASE PARK AT THE BACK OF  
BUILDING - HELD IN ROOM E

SATURDAY  
**MAY 24, 2025**  
9AM - 3PM

RSVP BY CALLING  
270-247-2334

LIMITED SPOTS AVAILABLE



RAINTREE STUDIO

An Equal Opportunity Organization

270-247-2334

Graves County Extension Office

[www.graves.ca.uky.edu](http://www.graves.ca.uky.edu)

270-247-2334