

GRAVES COUNTY AGRICULTURE & NATURAL RESOURCES NEWS

 **Martin-Gatton**
College of Agriculture,
Food and Environment
University of Kentucky.

*GRAVES COUNTY COOPERATIVE
EXTENSION SERVICE
4200 US HWY 45
MAYFIELD, KY 42066
(270)247-2334
GRAVES.EXT@UKY.EDU*

January 2025

IN THIS EDITION:

- Agent Notes
- Schedule of Events
- Announcements
- Crops
- Tobacco
- Horticulture
- Weather notes
- Recipes





Happy New Year!

I hope that you enjoyed your holidays and were able to get some rest! I know that I did and am praying that 2025 brings us all health, happiness, and some wealth would be nice too!

January kicks off what we call in extension as “meeting season”.

Over the next few months we will be trying to cram as much programming for our farmers in as possible. Between all of us in the area, there is something for everyone and all types of production so be sure to keep up with some of our neighboring counties as well. Many of us work together on these programs and offer them in more than one county to give you extra chances to attend! Many of these classes will satisfy your CAIP education requirements as well.

If you are going to need to update your Private Applicator cards, please make plans to attend one of the 4 classes being offered this month. If these dates/times do not work for you, you are welcome to attend in another county, or contact me for a private appointment. If you are expiring, you should have received a letter letting you know, but if you aren't sure just give us a call and we can help you figure out your status.

GAP for tobacco producers is coming up in February. Calloway County and I are combining forces to bring you one training opportunity in the far west. Please make plans to attend if you are needing to get that done for the year.

The 2025 Winter Ag Conference is coming up and is going to be a great lineup of speakers. We will be focusing on canola production as it is projected to increase exponentially over the next handful of years and more and more growers are coming on board to grow it. As always, a fabulous lunch will be provided! All of us involved in planning this event put a lot of time into bringing you a great morning of education and we look forward to seeing you all there!

Just a quick reminder, I'm always looking for suggestions on new programming ideas that you would like to see. Please reach out with any ideas you may have! Have a great January!

Miranda Rudolph

Extension Agent for Agriculture & Natural Resources
Graves County

miranda.rudolph@uky.edu | 270.247.2334 | 270.978.7052



ANR: What's Happening?

Bolded events are hosted at the Graves County Extension Office.

- **January 14- Private Applicator Trainings- 8:30am OR 5:30pm, GCEO**
- **January 21- Private Applicator Trainings- 8:30am OR 5:30pm, GCEO**
- **January 31- Winter Ag Conference, Lowry Farms**
- February 4- Winter Wheat Meeting- 9am-3pm, Hopkinsville, KY
- February 6- KY Crop Health Conference- Bowling Green, KY
- **February 11- GAP Training for Tobacco Growers- 2-4pm, GCEO**
- February 12-15- National Farm Machinery Show, Louisville, KY
- **February 17- Farm SmartQPR for Lenders/Ag Business- 2pm, GCEO**
- **March 11- PACA Cattlemen's Annual Meeting- 6pm, GCEO**
- **March 18- Farm Smart QPR Training- 6pm, GCEO**
- March 31- Woodland Carbon Markets- 10am @ McCracken County Extension and 5:30pm @ Marshall County Extension
- **April 1- Carbon Markets for Grain & Livestock Producers- 10am, GCEO**



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Disabilities
accommodated
with prior notification.

Save the date

2025 Winter Ag Conference

January 31, 2025
Lowry Farms

KCTCS **UK** Martin-Gatton College of Agriculture, Food and Environment **AG WAVE**

PREPARING GRAIN AND LIVESTOCK PRODUCERS FOR THE EVOLUTION OF CARBON MARKETS

Join us as Dr. Jordan Shockley, UK Extension Economist, provides information and updates about carbon market programs applicable to grain and livestock producers.

**TUESDAY, APRIL 1
10AM
GRAVES COUNTY
EXTENSION OFFICE**



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KENTUCKY **UK** **COOPERATIVE EXTENSION**

2025 Private Applicator Trainings

Hosted at the Graves County Extension Office

**January 14, 2025
8:30am or 5:30pm**

**January 21, 2025
8:30am or 5:30pm**

Light snacks provided.
Let us know you're coming by calling
270-247-2334

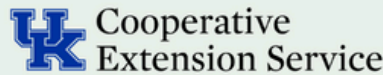
In the event of inclement weather, please call the office or check our Facebook page before coming!

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3rd Annual Seed Swap

It's that time again!

Grab your seeds and come hang out with your fellow garden enthusiasts for a fun time swapping varieties! We will be having a lesson on Winter Sowing as well.

Make sure all seeds are labeled with the correct varieties. This is a great way to share your bounty with others and try something new in your next garden.



Tuesday, February 4,

2025

6pm

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Reviving Drought Stressed Pastures with Dr. Chris Teutsch



Hickman County Extension Office

January 23, 2025
6:00 PM

Free Meal Provided



RSVP Required

Call your local Extension Office
Hickman County - 270-653-2231
Carlisle County - 270-628-5458

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2025 WINTER WHEAT MEETING

February 4, 2025

Bruce Convention Center
Hopkinsville, KY 42240

9am-3pm central

Registration 8:30 ct

CCA and Pesticide Credits pending.

- What are We Learning From YEN in KY? - Phil Needham
- Herbicide Residual Application Timing for Ryegrass Control - Dr. Travis Legleiter
- On-farm Grain Fumigation Options - Josh Wilhelm
- Dealing with DON: Management of Fusarium Head Blight and DON in Wheat - Dr. Carl Bradley
- How Nitrogen and Sulfur Fertility Influences Wheat Grain Yield and Protein Content - Dr. Edwin Ritchey
- Current Wheat Crop Update - Dr. Chad Lee
- Wheat Varieties Tolerance to Metribuzin and Opportunities to Improve Italian Ryegrass Management - Dr. Samuel Revolinski
- Overview of Kentucky Wheat Yield Contest 2015-2024 - Dr. Mohammad Shamim



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The Marshall & McCracken Extension Services Present:

WOODLAND CARBON MARKETS

Interested in making income off your woodland property? Curious about voluntary carbon markets for woodlands? Join UK Extension Professor, Jordan Shockley, for a free unbiased informational meeting. Learn what a carbon market is, about the status of carbon markets in the U.S., the opportunities for Kentucky woodland owners, practices required, the value of carbon credits, legal challenges and more!



Guest Speaker
Dr. Jordan Shockley,
UK Extension Economist

MON

March 31 2025

TWO CHANCES:
MARSHALL COUNTY AT 5:30PM
MCCRACKEN COUNTY AT 10:00AM

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KCHC Kentucky Crop Health Conference

Feb. 8, 2024 - National Corvette Museum - Bowling Green, Ky.

Speakers include University of Kentucky Extension Specialists and invited nationally prominent Extension Specialists from across the United States



Thomas Butts
University of Arkansas

Topic: Drone Herbicide Applications: What Do We Need to Know for Success?



Nicholas Seiter
University of Illinois Urbana-Champaign

Topic: Above- and below- ground traits for insect management in corn – new tools, old pests, and resistance



Gregory Tylka
Iowa State University

Topic: Soybean Cyst Nematode: Past, present, and future

Carl Bradley
University of Kentucky
Topic: Red Crown Rot of Soybean: Disease Management and Potential Impacts of this New Disease on Soybean Production in Kentucky



Travis Legleiter
University of Kentucky
Topic: Dealing with the Stretch - Early Planted Soybean and Weed Control

Raul Villanueva
University of Kentucky

Topic: Abundance of Emergent Pests in the 2022-23 Corn and Soybean seasons in Kentucky



Kiersten Wise
University of Kentucky
Topic: It's always something! New corn disease concerns for Kentucky



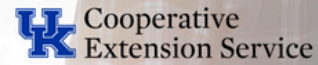
Tickets on sale now - breakfast and lunch included
Conference sign-in begins at 8:30 a.m. CST

Scan QR Code or visit: <https://kchc2024.eventbrite.com> (non-refundable after Jan. 25, 2024)

CREDITS — CCA: 5 CEUs, IPM — PAT: 6 CEUs Category 1A (Ag Plant); 1 CEU Category 11 (Aerial)

QPR Suicide Prevention

Question. Persuade. Refer.



Training Session for Ag Lenders and Retailers

This suicide prevention training session is for anyone working with farmers and their families to learn the warning signs, how to intervene, and where to refer someone who is in crisis.



Ask a question, save a life.

Monday, February 17, 2025

2pm

Graves County Extension Office



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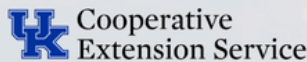
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QPR Suicide Prevention

Question. Persuade. Refer.

Building Bridges to Farmer Mental Health



TRAINING SESSION FOR FARMERS AND FARM FAMILIES

Learn the warning signs, how to intervene, and where to refer someone who is in crisis.



Ask a question, save a life.

A meal will be provided.

Please RSVP to 270-247-2334

Tuesday, March 18, 2025

6pm

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TN-KY TOBACCO EXPO

Tuesday, February 4
2025

8:00am-1:00pm
Robertson County Fairgrounds
4635 Hwy 41 N
Springfield, TN 37172

SCHEDULE

- 7:30 Registration and Trade Show Open
- 9:00-10:15am GAP Training: Crop and Environmental Update
- 10:30-11:30am GAP Training: Labor and GAPC Updates
- 12:00-1:00pm Lunch

Growers must attend both GAP Training sessions in order to earn 2025 Annual GAP Training Credit

UT EXTENSION
INSTITUTE OF AGRICULTURE
THE UNIVERSITY OF TENNESSEE

UK Cooperative
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2025 GAP TRAINING

**FEBRUARY 11, 2025
2-4PM**

Graves County Cooperative Extension
4200 US Hwy 45 N, Mayfield

UK Martin-Gatton
College of Agriculture,
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GAP
CONNECTIONS

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Purdue and Consumer Sciences
4-H Youth Development
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3rd Annual Joint Meeting date announced

First, mark your calendars to attend the 3rd Annual Joint Meeting of the Burley & Dark Tobacco Producer Association and Council for Burley Tobacco that will be held January 16, 2025. The meeting will once again be held in conjunction with the Kentucky Commodity Conference in Bowling Green, Kentucky at the Holiday Inn University Plaza. The meeting will be an all-day meeting, with lunch and refreshments provided. More detailed meeting information, and preregistration will be forthcoming soon.



De-icing Around Your Home

Source: Kelly Jackson, UK Extension Agent for Horticulture, Christian County

When winter storms are part of our forecast, we tend to think of all the possible hazards. Sometimes winter storms bring ice and snow that cover our sidewalks and driveways. Many people use deicers to help remove the slippery stuff, but how much is too much?

Following a few simple steps can help you stay safe while using fewer deicer products. Clear the necessary pathways of all snow. You can save time and energy by just shoveling the areas you need to get in and out of your house, greenhouse, barn, etc. Limit using deicer to the problem areas. You may only need a handful of product for a square yard. Be sure to read the product label for best practices, as products vary.

After the storm, sweep up any excess product to protect your lawn and local waterways. Experts suggest using more product is no more effective at clearing ice and snow. If you see salt crystals after the pathway is dry, that's a sign you have used too much.

Using too much deicer is not just wasting financial resources. The chemicals in deicing products can enter our stormwater and eventually streams and nearby rivers. Excess chemicals can also cause your lawn and landscape shrubs to turn yellow. The chemicals may also damage sidewalks and landscape pavers. It's a good idea to research native, salt-resistant plants for areas close to paved surfaces to keep your landscape looking nice in all seasons.

If you need help deciding on which deicer to use, the U.S. Environmental Protection Agency has a helpful resource at <https://www.epa.gov/saferchoice/products> that show deicers and other household products that are safer for human health and for the environment.

You can also try some deicer alternatives. Cracked corn may not be a deicer, but it can provide much-needed traction in slippery areas. Several other options, such as sand, fireplace ashes or cat litter may help increase traction and they do not require as much cleanup after the winter weather passes. A creative way to keep ice from covering problem areas like stairs is to cover them in heavy plastic before a storm begins.

For more information, contact the Graves County Cooperative Extension Service.





Winter Safety!



Brandon Peloquin - National Weather Service Wilmington, OH

Jane Marie Wix - National Weather Service Jackson, KY

Wintertime can bring a wide range of hazards, whether it be exposure to the cold (for you and your animals), slick surfaces and roads that can lead to accidents and falls, or fires resulting from the improper use of heaters. Hundreds of people are injured or killed each year as a direct result of winter weather.

Here are some tips to remember when winter turns especially harsh:

- **Stay dry to stay warm! Wet clothes result in much faster heat loss.**
- **Wear multiple layers. Wool keeps you warmer than cotton because wool fibers trap air pockets and when wool is exposed to damp conditions, it wicks moisture away from your skin and helps keep you dry.**
- **Cover everything you can! At least half your body heat can be lost if your head isn't covered.**
- **Avoid overexertion, such as shoveling heavy snow, or walking in deep snow. The strain from the cold and the hard labor may cause a heart attack. Sweating could lead to a chill and hypothermia.**
- **Remember the animals! - make sure they have access to melted water, plenty of food, and shelter to keep them protected.**
- **Stay informed on the latest weather forecast. All Kentucky National Weather Service offices have a phone line the public can call to get a weather forecast for their areas. Also, NOAA Weather Radios are specially built radios that only play a recorded forecast and other weather information. These can be purchased in many stores.**

It's also important to know the signs that someone is getting too cold. Hypothermia is a medical emergency that occurs when your body loses heat faster than it can produce it. Confusion, shivering, difficulty speaking, sleepiness and stiff muscles are all signs of hypothermia and signs that medical attention is needed - call 911 immediately! To warm someone up who is showing signs of hypothermia, lie close to the person and cover both of you with thick blankets. The hotter you get, the more warmth you can give to the other person. Frostbite is another medical emergency that causes damage to the body's tissue (mainly on extremities such as hands and feet, or any place that is unprotected) due to blood vessels diverting blood to other parts of the body to help keep your vital organs warm. This will cause the affected area to become frozen, and can be a very dangerous situation, especially since it becomes numb and the victim can be unaware of its severity.

Finally, even though winter will often bring cold and snow, occasionally warm spells in the winter can lead to thunderstorms or flooding. Stay up to date with the latest weather forecasts to know what weather hazards or threats could impact you and your family this upcoming winter.

For more information visit: <https://www.weather.gov/safety/winter>





Hot and Sweet Frittata

- | | |
|--|---|
| 3 tablespoons olive oil, divided | 1 pound ground turkey sausage |
| 1 ½ cups peeled and cubed sweet potatoes | ½ cup shredded mozzarella cheese |
| 1 ½ cups diced sweet and hot peppers, or bell peppers | 12 medium eggs, beaten |
| | ¼ teaspoon salt |
| | ½ teaspoon black pepper |
| | ½ teaspoon crushed red pepper |

Preheat oven to 375 degrees F. **Add** 2 tablespoons of olive oil to a large nonstick skillet, and **heat** to medium. **Add** sweet potatoes and diced peppers. **Cook** uncovered until fork tender, about 10 minutes. **Remove** from skillet. **Add** 1 tablespoon of olive oil to skillet. **Add** turkey sausage, and **cook** 5 to 7 minutes until cooked through. **Drain** off fat, if needed. Generously **grease** an 8-by-8-inch baking dish. **Add** the sausage, peppers, and potatoes. **Sprinkle** with

cheese. In a bowl, **crack** eggs and lightly **beat**. **Add** salt, black pepper, and crushed red pepper to egg mixture. **Pour** eggs over peppers and potatoes. **Bake** uncovered for 25 to 30 minutes or until the mixture is set.

Yield: 8 servings

Nutritional Analysis:

290 calories, 18 g fat, 5 g saturated fat, 295 mg cholesterol, 610 mg sodium, 8 g carbohydrate, 1 g fiber, 3 g sugars, 0 g added sugars, 23 g protein.

Kentucky Peppers

SEASON: June to September

NUTRITION FACTS: Both sweet and hot peppers are low in calories, high in vitamin C and are a good source of vitamin A. One raw, medium-sized pepper has about 20 calories. Red peppers are higher in vitamins A and C than green peppers. Hot peppers also contain capsaicin, an antioxidant found in its membranes and seeds. Removing these will make the pepper milder.

SELECTION: Choose peppers that have firm, smooth skin. Avoid flabby, wrinkled, or soft peppers.

STORAGE: Store peppers unwashed in a paper towel then refrigerate in a plastic bag for up to 10 days. Rinse before using.

PREPARATION: Wash carefully without bruising. Peppers can be served raw, grilled, stuffed, or roasted. Add them to salads, casseroles, or Mexican dishes.

PRESERVING: Peppers can be preserved by freezing, drying, or canning.

To freeze: Wash, stem, and seed peppers. Package leaving no headspace. Seal and freeze.

PEPPERS

Kentucky Proud Project
County Extension Agents for Family and Consumer Sciences
University of Kentucky, Dietetics and Human Nutrition students
November 2019

Source: www.fruitsandveggiesmatter.gov

Buying Kentucky Proud is easy. Look for the label at your grocery store, farmers market, or roadside stand.
<http://plateitup.ca.uky.edu>



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BBQ Venison Meatballs



This institution is an equal opportunity provider. This material was partially funded by USDA's Supplemental Nutrition Assistance Program — SNAP.



This work is supported by the Expanded Food and Nutrition Education Program from the USDA National Institute of Food and Agriculture.



BBQ Venison Meatballs

Meatballs

- 1 pound ground venison (may substitute elk or beef)
- 1/2 cup 2% milk
- 3/4 cup rolled oats
- 1/2 cup minced fresh onion
- 1/4 teaspoon salt
- 1/4 teaspoon black pepper

Sauce

- 1 cup ketchup
- 1/2 cup water
- 1/2 cup grated onion
- 2 tablespoons vinegar
- 1/4 cup brown sugar
- 1/4 teaspoon black pepper

Combine venison, milk, oats, onion, salt, and pepper in a large bowl. Use a sturdy spoon or clean hands to mix well. Shape meat mixture into 12, 1-inch balls, and place in a shallow 9-by-13-inch baking pan. Combine all the sauce ingredients in a bowl and stir well. Pour sauce over meatballs. Bake uncovered at 350 degrees F for 1 hour, turning over twice.

Yield: 6 servings

Adapted from: "Fish & Game Cookbook," Bonnie Scott. 2013.

Nutrition Facts

6 servings per recipe
Serving size 2 meatballs (139g)

Amount per serving
Calories 160

	% Daily Value*
Total Fat 3g	4%
Saturated Fat 1g	5%
Trans Fat 0g	
Cholesterol 65mg	22%
Sodium 220mg	10%
Total Carbohydrate 14g	5%
Dietary Fiber 1g	4%
Total Sugars 6g	
Includes 3g Added Sugars	6%
Protein 20g	
Vitamin D 0mcg	0%
Calcium 43mg	4%
Iron 3mg	15%
Potassium 322mg	6%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

